



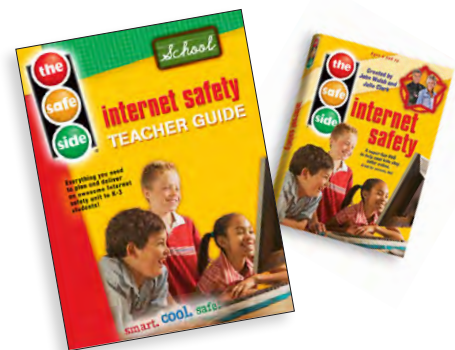
Please read this first!

- ✧ Be patient when printing this PDF document. It may take several minutes of processing time before your printer begins outputting pages. We recommend you print this Teacher Guide on three-hole paper and store it in a binder.
- ✧ This Teacher Guide provides instructions for implementing a five-day unit of study, called **Super Safety Week**, that introduces personal safety to primary-level students.
 - If you plan to simply present the *Stranger Safety DVD* to a whole class or auditorium group, see Appendix 1.
 - If you plan to use the *Stranger Safety* learning resources as a take-home rather than an in-class program, see Appendix 2.
 - If you plan to use products from The Safe Side for PTA/PTO or other fund-raising purposes, see Appendix 3.

Also available from The Safe Side

An Internet Safety program for K-3

The Teacher Guide, Presentation Guide, and Family Guide can be downloaded at
www.thesafeside.com/downloads





stranger safety TEACHER GUIDE

Everything you need
to deliver an awesome
personal safety unit
to K-2 students!



smart. cool. safe.®



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In the more than 20 years since the National Center for Missing & Exploited Children (NCMEC) was established, we have worked tirelessly to fulfill our mission of helping protect children. They are some of the most vulnerable members of our society and we live in a fast-paced world where they face challenges and potential dangers.

The U.S. Department of Justice reports that almost 800,000 children may be reported missing in a year's time, resulting in an average of more than 2,000 children being reported missing each day. Thankfully, the vast majority of these children are recovered quickly, but still there are new cases daily. Also significant are NCMEC's findings from a preliminary analysis of attempted abductions. It suggests that attempted (non-family) abductions happen more often to children traveling to and from school or school-related activities than other times of day.

It has been the role of NCMEC to serve as the nation's resource center on child safety and what we have learned in the process is that helping make children safer is something that we could never do alone. Parents, guardians, educators and all caring adults must be engaged in this effort.

It is important that we as adults understand that the well being of children is in our hands and we are all responsible for preparing them to lead safer and more successful lives. I'm grateful to organizations like The Safe Side that have made this a priority and focus their attention on developing prevention and safety education resources that can be used in homes, schools, libraries, and anywhere that children are found. You have worked with NCMEC to ensure that you developed a program that builds children's confidence while teaching them how to recognize and respond in potentially dangerous situations.

As President and CEO of NCMEC I understand the feeling of being overwhelmed by the potential dangers to our children. I see every day the challenges they face, but I also see that there are people everywhere working to help them overcome those challenges. I want to thank you for being in that number. I know you join me in urging others, including schools to join us as well.

Sincerely,

Ernie Allen,
President & CEO
NCMEC



Table of Contents -->-->-->-->



TEACHER PREPARATION

To the teacher	1
Program overview	1
Background	1
Using the <i>Stranger Safety Teacher Guide</i>	2
Instructional goal	3
Lesson topics and organization	3
Correlations to national and state standards	4
<i>Cool Tunes</i> music extensions	4
Implementation options	4
Differentiating instruction	4
When is a good time to hold Super Safety Week?	5
Planning and pacing chart	5
<i>Stranger Safety DVD</i> preview guide	6



THE STRANGER SAFETY UNIT

Setting the stage

Announcing Super Safety Week	8
Letter to parents and guardians	Master
Coming Soon! handbill	Color master



Super Safety Week

Lesson 1: Your Safe Side Adults	11
Activity 1-1 master	15
Activity 1-2 master	16
Hot Tips handbill	Color master
Safe Side Adults handbill	Color master
Lesson 2: The Safe Side Circle	19
Activity 2-1 master	23
Activity 2-2 master	24
Lesson 3: Don't Knows and Kinda Knows	25
Activity 3-1 master	29
Activity 3-2 master	30
Don't Know handbill	Color master
Kinda Knows handbill	Color master
Lesson 4: Don't fall for tricks!	33
Activity 4-1 master	36
Activity 4-2 master	37
Lesson 5: Staying on The Safe Side	38
Activity 5-1 master	42
Activity 5-2 master	43
Family Activity Pack	44
Letter to parents and guardians	Color master
Family Viewing Guide and Discussion Questions	Color master
My Safe Side Data and Hot Tips Mini-Posters	Color master



Wrapping up

Graduation Ceremony: You've been Super Safety-fied!	48
Certificate of Achievement	Color master



APPENDICES

1	Presentation to a whole class or large group	51
2	Using the <i>Stranger Safety</i> materials as a take-home program	54
3	Using The Safe Side in fund-raising events	55
4	Child safety is more than a slogan	56
5	<i>Cool Tunes</i> music extensions	58
6	Legal notices	69



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To the teacher

Welcome to The Safe Side's *Stranger Safety Teacher Guide*! You have joined a growing group of educators who recognize that teaching students about personal safety is an important task. This section of the Teacher Guide will familiarize you with the program and implementation options. The DVD preview guide on page 6 will introduce you to the *Stranger Safety DVD*'s messages and cast of characters.

Program overview

The Stranger Safety program has three key instructional components. The **Teacher Guide** provides all the materials you need to deliver an effective, five-day safety unit to children in grades K–2. Upon completion of the unit, the **Stranger Safety DVD** can be viewed as a culminating activity, and students are sent home with the **Family Activity Pack**. Families also can purchase the Stranger Safety video from Amazon.com, or downloaded it at the iTunes Store.



Teacher Guide



Stranger Safety DVD



Family Activity Pack

Background

The Safe Side was founded by John Walsh, host of *America's Most Wanted*, and Julie Clark, the creator of *Baby Einstein*, to distribute important safety information to children ages 5 to 9 and their families. The Safe Side released its first video, *Stranger Safety*, in May 2005. The video has become one of the best-selling safety videos ever, and has received numerous awards, including three Youth Programming Emmys and Parenting Magazine's 2005 Video of the Year Award. The Safe Side released its second video, *Internet Safety*, in October 2006.

As you'll discover, The Safe Side has taken a fresh, child-friendly approach to a topic that is often avoided because



"it's scary" or taught inaccurately. Interestingly enough, that includes the term "stranger." "Stranger" and "stranger danger" are familiar terms, but are prone to misconceptions. You'll notice that we do not use the word "stranger" in our lesson plans or take-home video movie. A key goal of our lessons and home video is to provide children with a more effective way to evaluate situations around them without resorting to the traditional "stranger" concept.

The "stranger danger" issue was addressed in an article titled "Child safety is not a slogan," written by Nancy McBride. The article is reproduced in Appendix 4.

Using the Teacher Guide

This **Teacher Guide** is divided into three sections: Teacher Preparation, The Stranger Safety Unit, and the Appendices.

The Stranger Safety Unit section includes instructions for set-up and wrap-up events, "Super Safety Week" lesson plans and activity sheets, and masters for the take-home Family Activity Pack.

The Appendices include valuable information, including ideas for using The Safe Side products in PTA/PTO fund-raising events.

You have the right to copy the Teacher Guide materials, modify the lesson plans to meet your specific instructional requirements, and make VHS copies of the *Stranger Safety DVD*, as detailed in Appendix 6.

The **Stranger Safety DVD** is a home video rather than a traditional educational film. It was designed to be something kids want to watch again and again, which isn't possible at school. At the end of "Super Safety Week," parents can be encouraged to purchase or rent the video program and watch it with their children.

The **Cool Tunes** music album features ten age-appropriate songs that reinforce the safety messages presented in the classroom lessons and the *Stranger Safety DVD*. These songs are incorporated into extension activities. *Cool Tunes* can be downloaded at the iTunes Store.

The **Teacher Guide** and other free downloads for educators and families, plus streaming video previews, are available at www.thesafeside.com.



Teacher Guide

Stranger Safety DVD

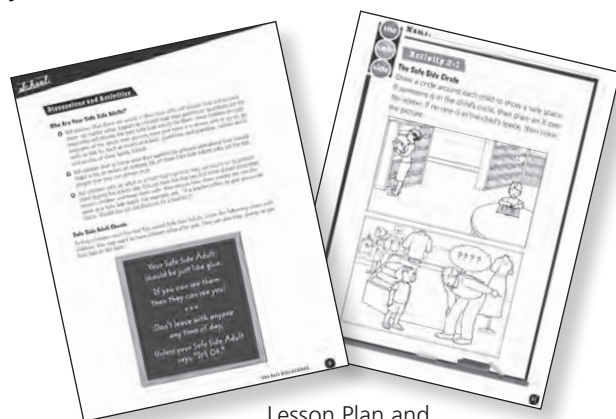
Instructional goal

The goal of Super Safety Week is to help protect children. The *Stranger Safety DVD* and the lessons and activities included in this guide focus on seven rules, known as “Hot Tips,” that can help kids stay safer. As you implement Super Safety Week, remember to emphasize these seven Hot Tips and why they’re important. Remind children that their Safe Side Adults can help protect them from dangerous people and situations. The seven Hot Tips are:

- Keep your Safe Side Adult close. If you can see them, they can see you.
- Never open the door without your Safe Side Adult.
- STOP AND THINK! Don’t fall for tricks.
- Never talk to Don’t Knows unless your Safe Side Adult is with you.
- Don’t let anyone inside your Safe Side Circle. Run from Danger!
- Know your three Safe Side Adults.
- Never go anywhere, with anyone, unless you ask your Safe Side Adult first.

Lesson topics and organization

Five lesson plans are provided for primary-level teachers, organized as a Monday-through-Friday Super Safety Week. While the lessons are each designed to be completed in 20 minutes, the length of a given lesson may vary based on the time devoted to classroom activities.



Lesson Plan and Activity Sheet

The Super Safety Week lesson titles and topics are:

- | | |
|-------------------------------|---|
| • Your Safe Side Adults | <i>Identifying trusted adults</i> |
| • Your Safe Side Circle | <i>Personal space and safe places to play</i> |
| • Don’t Knows and Kinda Knows | <i>Identifying unknown teens and adults</i> |
| • Beware of tricks! | <i>Refusal skills</i> |
| • Staying on The Safe Side | <i>Review of personal safety</i> |

Each lesson plan opens with its learning objectives, which are correlated to the National Health Education Standards for Grades K–2. The key terms and Hot Tips that will be developed in the lesson are always presented, as well as suggestions for *Cool Tunes* music extensions, classroom display ideas, and a list of required materials.

The lesson itself moves from a discussion of safety principles to activities that permit children to practice reacting to specific situations. Quick check activities assess comprehension and reinforce learning. Next, students use one or two activity sheets to have fun extending their safety knowledge. The teaching suggestions provide recommendations for differentiating activities for learners of different abilities.

Correlations to national and state standards

Correlations to the National Health Education Standards for Grades K-2 are identified in each lesson plan.

Cool Tunes music extensions

Students love music and movement games. The introductory page of each lesson plan lists songs from the *Cool Tunes* album that can support that particular lesson. Strategies for integrating the songs into the lessons include:

1. Play a song before the lesson to musically announce “It’s Safe Side time.”
2. Have students listen carefully to the song and then describe how it makes them feel and why. Encourage everyone to say something about what they think about the music or how it will help them stay safer.
3. Teach the lyrics of the songs, either by singing and allowing the children to echo each line or by playing and repeating the song until they learn it. Then have a class sing-along. (The words for each song are reproduced in Appendix 5, *Cool Tunes Songbook*.)
4. After listening to a song, have students draw a picture related to the song. Label and display the drawings.

Implementation options

We strongly recommend that you implement the Stranger Safety program by teaching the five, 20-minute lessons, one per day, over a designated week. If committing this instructional time is a problem, whole-class viewing and home-study-only approaches are available, as detailed in Appendices 1 and 2.

In a model classroom implementation, you would begin by announcing to your class, “Next week we’re going to learn about being safer,” and posting the “Coming Soon!” handbill (see page 10) in the classroom. On that same day, you would also send home the “Letter to parents and guardians” announcing Super Safety Week (see pages 9).

Super Safety Week is launched the following Monday with the first lesson—Your Safe Side Adults. On Friday, the last lesson—Staying on The Safe Side—is delivered, the class watches the *Stranger Safety DVD*, and each student is given a Family Activity Pack to take home.

Differentiating instruction

A wide variety of learners can be found in most classrooms. Each lesson plan includes a variety of activities and two activity sheets plus suggestions on how these activities can be simplified or made more challenging based on class or individual learner needs.

The *Stranger Safety DVD* also can be viewed with Spanish subtitles.

When is a good time to hold Super Safety Week?

A great time to hold Super Safety Week is during the back-to-school or pre-summer break periods of the school year, when core curriculum initiatives are either gearing-up or winding-down. More importantly, kids begin traveling to and from school again in the fall and are playing outdoors more often in the summer. Predators know this.

Planning and pacing chart

While pacing of the lessons will vary based on how many lessons and activities you chose to use, planning and delivering the Super Safety Week unit involves four easy steps:

Step	Activity	Time
Step 1	Teacher Preparation <ul style="list-style-type: none"> – Read “To The Teacher” and “Child safety is not a slogan” – Review “Preview Guide” on page 6 and watch the DVD – Select Super Safety Week activities and print required materials 	10 minutes 45 minutes 30 minutes
Step 2	Setting the Stage <ul style="list-style-type: none"> – Post the “Coming Soon!” handbill in your classroom – Send home the parent/guardian Letter 	10 minutes 5 minutes
Step 3	Present Safety Week! Lesson 1/Monday: Your Safe Side Adults <ul style="list-style-type: none"> – Assemble Lesson 1 materials and post the Hot Tips and Safe Side Adults handbills – Deliver Lesson 1 and complete Activity 1-1 or 1-2 – Review the lesson Lesson 2/Tuesday: Your Safe Side Circle <ul style="list-style-type: none"> – Assemble Lesson 2 materials – Deliver Lesson 2 and complete Activity 2-1 or 2-2 – Review the lesson Lesson 3/Wednesday: Don’t Knows and Kinda Knows <ul style="list-style-type: none"> – Assemble Lesson 3 materials and post the Don’t Know and Kinda Know handbills – Deliver Lesson 3 and complete Activity 3-1 or 3-2 – Review the lesson Lesson 4/Thursday: Don’t Fall for Tricks <ul style="list-style-type: none"> – Assemble Lesson 4 materials – Deliver Lesson 4 and complete Activity 4-1 or 4-2 – Review the lesson Lesson 5/Friday: Staying on the Safe Side <ul style="list-style-type: none"> – Assemble Lesson 5 materials and print Family Activity Packs – Play the Stranger Safety DVD or the Hot Tips Review (optional) – Deliver Lesson 5 and complete Activity 5-1 or 5-2 – Distribute Family Activity Packs 	30 minutes/day 5 minutes 20 minutes 5 minutes 5 minutes 20 minutes 5 minutes 5 minutes 20 minutes 5 minutes 5 minutes 30 minutes 20 minutes 5 minutes
Step 4	Wrapping Up <ul style="list-style-type: none"> – Graduation Ceremony: You’ve been Super Safety-fied 	10 minutes

Stranger Safety DVD preview guide

In preparation for Super Safety Week, be sure to watch the *Stranger Safety DVD* yourself. Prepare yourself for something a little different! The video is an interesting and engaging blend of zany characters, humorous situations, and serious safety messages. *Stranger Safety* is a viewing experience designed to prevent safety from being “boring” or “scary.” The fact that it’s a take-home video also gives us a little more creative freedom. Kids love it, and so do the critics. *Stranger Safety* has won numerous awards, including *Parent Magazine’s* “2005 Video of the Year” and three Youth Programming Emmys.

Here are some notes that you’ll find useful as you watch *Stranger Safety*.

- ★ The Safe Side motto is **smart. cool. safe.** We tell kids there are times when it’s important to be **smart** (recognize danger) and other times when it’s important to be **cool** (be cautious and think). Staying **safe** is the reward for knowing what to do and doing it.

smart. cool. safe.®

- ★ The movie is structured around defining three types of grown-ups: Don’t Knows, Kinda Knows, and Safe Side Adults. We use the terms “Don’t Know” and “Kinda Know” because their meaning is more precise and understandable than the word “stranger.” Safe Side Adults are a child’s most-trusted grown-ups and need to be designated by the child’s parents or guardian. This is the reason the selection of Safe Side Adults is a homework assignment rather than classroom activity.
- ★ Our rules are called Hot Tips. We use “tips” rather than “rules” because we want kids to take ownership of the concepts and actively apply the knowledge to everyday situations, like walking to school, playing at the rec center, and opening the door at home.

- ★ The characters are just plain fun with a purpose. Safe Side Superchick is modeled on everybody's favorite aunt—part kid, part grown-up. Buddy, her gorilla pal, appears periodically to provide comic relief and draw kids into the action (“What’s he doing?”). Fang is a Don’t Know, canine style, and gives Safe Side Superchick something to be afraid of that isn’t scary to kids.



- ★ When the credits roll, a whole new type of fun begins —the *Stranger Safety* bloopers set to a song written by Gary Greene of Hootie and the Blowfish.
- ★ In addition to the movie, the DVD has a few special features, all accessible from the main menu. You can select to watch just the Hot Tips Review, Music Video, or the movie with Spanish subtitles. Like most DVDs, the movie is divided into chapters. You can skip forward or backward through the chapters using the DVD player’s remote control.



Setting the stage: Announcing Super Safety Week

The Safe Side encourages you to announce Super Safety Week before beginning.

✦ For students

To help promote Super Safety Week, you should post the “Coming Soon!” handbill on a bulletin board or classroom door several days in advance.

The “Coming Soon!” handbill can serve as the centerpiece of the Safe Side Display, a collection of five handbills that help capture and maintain your students’ interest. The handbills introduce the characters featured in the *Stranger Safety DVD* and provide review information. By the end of Super Safety Week, you will have assembled a nice cluster of safety-themed messages.

All of the handbills are stored as high-resolution files at www.thesafeside.com/downloads. They can be printed as posters at a print center, such as FedEx Kinkos.



✦ For parents or guardians

Consider sending home the letter that appears on the next page, written by John Walsh, host of *America's Most Wanted*. It underscores that knowledge is power and provides a perspective on the importance of children learning smart ways to be safer.



Dear parents and guardians,

I'm the host of *America's Most Wanted*, a television show that I wish wasn't needed.

In 1981, the lives of my wife, Revé, and I were changed forever. Our beautiful son Adam, the joy of our lives, was abducted from a mall in a nice neighborhood of South Florida.

In my quest to find justice in the name of my son, and to fight back for victims everywhere, my life's work has been to protect children and others by changing laws and catching criminals. I'm also pleased that my education project, The Safe Side, is involved in helping educate young children about how to be safer.

In the days that follow, your child's teacher will introduce basic topics of personal safety. The instruction makes use of a video I produced titled "Stranger Safety," and lesson plans developed at The Safe Side. I encourage you to review any materials sent home, and discuss family safety rules with your child. Knowledge is power.

Sincerely,



John Walsh





Super Safety Week

Starring
Safe Side Superchick (AKA Safety)

**She's smart.
She's cool.
And she'll teach you
how to be safer
around people you
don't know
and kinda know.**

Coming Soon!



Lesson 1: Your Safe Side Adults

Learning objectives

- ✦ Children will identify adults who help keep them safe.

National Health Education Standards

- Standard 3: Students will demonstrate the ability to access valid information and products and services to enhance health.
- Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.

Safe Side terms

Safe Side Adult A person who is always safe to go with or talk to, as approved by the child's primary caregiver.

Stranger Safety Hot Tips

- ✦ Know your three Safe Side Adults.
- ✦ Keep your Safe Side Adult close. If you can see them, they can see you.
- ✦ Never go anywhere, with anyone, unless you ask your Safe Side Adult first.

Cool Tunes music extensions

- Listen to Track 9—"Always There" (3:54)
- Listen to Track 3—"Safe Side Close" (3:30)

Safe Side Display

Set aside an area for a Safe Side display in your classroom. Begin by using the "Coming Soon" handbill as a centerpiece for the display, and add the Hot Tips and The Safe Side Adults handbills. You may also display student activity sheets, photos of your safety week activities, and other items.

Materials

Red, green, and yellow construction paper; craft sticks and glue, if desired. Before beginning the lesson, use the template provided on page 14 to create (or have the children create) a set of red, green, and yellow traffic light circles for each child. Glue one end of a craft stick to each circle to create a handle, if desired. These will be reused in other Safe Side lessons.

Discussions and activities

Who are your Safe Side Adults?

- ★ Tell children that there are adults in their lives who will always love and protect them, no matter what. Explain to children that their parents or guardians are the ones who will choose the best Safe Side Adults for them. Have children provide examples of the adults their parents have told them it is always safe to go to, go with, or talk to, such as moms and dads, grandmas and grandpas, certain aunts and uncles, or close family friends.
- ★ Tell children that at home with their parents (or primary caretakers) they should make a list, or review an existing list, of three Safe Side Adults who are the top people that they can always trust.
- ★ Ask children who an adult at school might be that they can count on to protect them during the school day. Discuss how the teacher and other school personnel protect children and keep them safe. Also discuss how these people are not the same as a Safe Side Adult. For example, ask, "If a teacher offers to give you a ride home, should you go just because it's a teacher?"

Safe Side Adult Chant

To help children recall the Hot Tips about Safe Side Adults, share the following chant with children. You may want to have children echo after you. They can also clap, stomp, or pat their laps to the beat.



Quick check

- ★ Ask children to respond to the following questions by holding up their colored traffic light circles, green for yes, and red for no. Older children may be given the option of showing yellow if they don't know. (Alternatively, children may respond by showing a thumbs up signal if the answer is yes, thumbs down if the answer is no, and thumbs sideways if they don't know.)

- ? **Is someone you don't know your Safe Side Adult?**
- ? **Will your Safe Side Adult do anything to protect you?**
- ? **Are all adults at school your Safe Side Adults?**
- ? **Should you always ask your Safe Side Adult before you go anywhere with anyone?**
- ? **Should you stay where you can see your Safe Side Adult when you play outdoors?**
- ? **Can you choose your own Safe Side Adults?**

- ★ Ask each child to name one Safe Side Adult, if they can. Remind children to ask their parents (or guardians) to help them make a list of three Safe Side Adults.

Using the activity masters

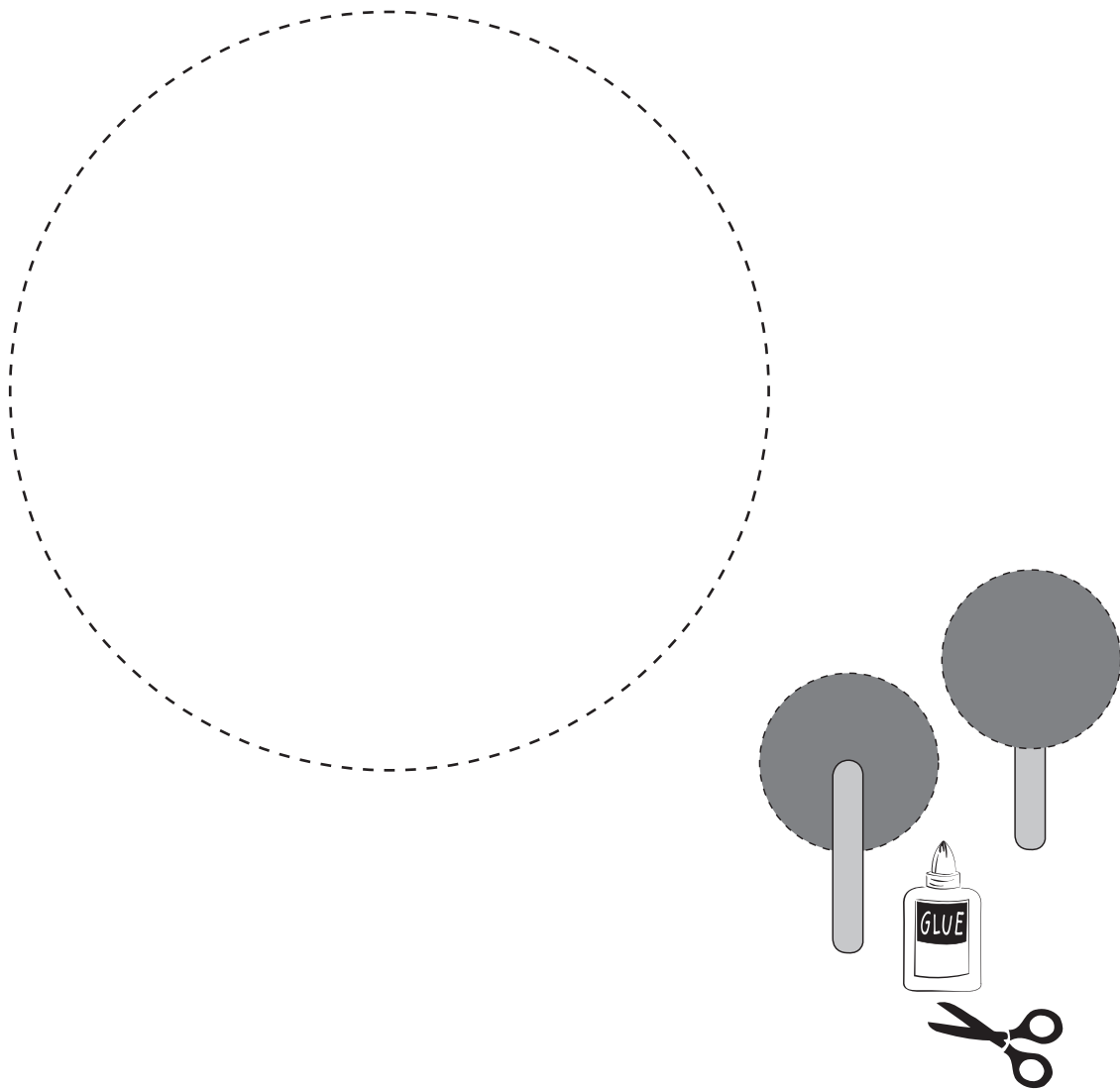
You are permitted to photocopy the activity masters in this Guide.

Activity 1-1

- ★ Pass out the activity sheet and read the directions aloud. Allow time for the children to draw one of their Safe Side Adults.
- ★ If children are fluent readers and writers, have them complete the sentence or sentences independently. For emergent readers and writers, provide support or write children's dictation, depending on their level of fluency.
- ★ Invite children to take their completed activity home to share with their family and to draw and write about their other Safe Side Adults with the help of a parent or guardian.

Activity 1-2

- ✦ Pass out the activity sheet and read the directions with children. If students are fluent readers and writers, then have them write the story independently.
- ✦ For emergent readers and writers, adapt the activity to write either a class description of a Safe Side Adult or a class story. Guide them through the activity as a group, prompting them with questions and recording their responses. You might begin: *A Safe Side Adult is a person who . . .*, or *One time I was glad my Safe Side Adult was near. . .* When you are finished, lead the children in a choral reading of their work.
- ✦ Allow time for children to illustrate their stories, and invite them to display their work.



the

safe

side

Name: _____

Activity 1-1

My Safe Side Adult

Draw a picture of one of your Safe Side Adults.
Then finish the sentence or write a paragraph.



_____ is my Safe Side Adult

because _____

the

safe

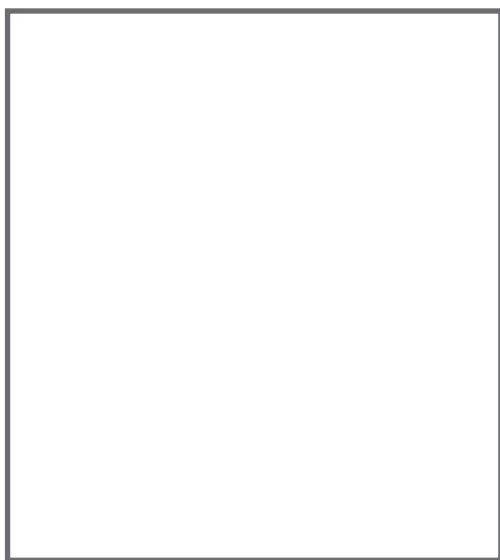
side

Name: _____

Activity 1-2

A Safe Side story

Write a story about you and one of your Safe Side Adults. Draw a picture to go with the story.







Buddy says

"Know your Hot Tips!"

- ★ Keep your Safe Side Adult close. If you can see them, they can see you.
- ★ Never open the door without your Safe Side Adult.
- ★ STOP AND THINK! Don't fall for tricks.
- ★ Never talk to Don't Knows unless your Safe Side Adult is with you.
- ★ Don't let anyone inside your Safe Side Circle. Run from danger!
- ★ Know your three Safe Side Adults.
- ★ Never go anywhere, with anyone, unless you ask your Safe Side Adult first.

smart. cool. safe.®

Buddy



WANTED



SAFE SIDE ADULTS

A Safe Side Adult is a grown-up you can always trust to go with or talk to. Your parents or guardian will help you choose three Safe Side Adults.

smart. cool. safe.





Lesson 2: Your Safe Side Circle

Learning objectives

- ✦ Children will determine whether a place is a safe place to play.
- ✦ Children will understand the concept of a “Safe Side Circle.”
- ✦ Children will explore the concept of personal space.

National Health Education Standards

- Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.
- Standard 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

Safe Side terms

Safe Side Circle Your personal space, a safe distance to keep between you and someone you don’t know

Stranger Safety Hot Tips

- ✦ Don’t let anyone inside your Safe Side Circle. Run from danger!
- ✦ Keep your Safe Side Adult close. If you can see them, they can see you.

Cool Tunes music extensions

Listen to Track 1—“Safe Side Circle” (3:32)

Safe Side Display

Continue adding children’s work and Safe Side items to your classroom display.

Materials

Chalk, masking tape, jump ropes about 5 feet in length; lengths of rope or yarn about 10 feet long.

Discussions and activities

Safe places

- ★ Ask children to brainstorm a list of places where they often play. Record children's responses on chart paper or the board. Ask children whether they feel safe when they play in these places.
- ★ Encourage children to think about what makes them feel safe. Reread the list and have children think about how all the places are alike. Help children conclude that safe places to play are alike in many ways:
 - They have a number of people around.
 - They are easy to get to and get out of.
 - They are open areas where everyone can be seen.
 - They are well lit at night and on dark days.
- ★ Remind children that they should always be with an adult they know and trust when they are playing outside their home. Ask what this adult is called. (*a Safe Side Adult*)

The Safe Side Circle

- ★ Tell children that having a special area set aside for play is one way to help keep them safer. For this reason, homes, schools, parks, and ball fields where children play often have fences. However, children and their Safe Side Adults must still be careful that people they don't know stay away.
- ★ Tell children that their Safe Side Circle is a super-safe space all around them large enough that they can see anyone approach before they get too close. If a person they don't know gets too close, the child should yell and run to his or her Safe Side Adult.
- ★ Help children understand how close is "too close." Mark off an area about 10 feet in diameter using chalk or masking tape. Let children take turns standing in the center of the space. Tell them that their Safe Side Circle is this big, and the child is always the center of the circle. If an unknown person comes closer than the edge of the circle, it is too close.
- ★ Make sure children understand that the circle isn't real; it is usually only imaginary. Because children have difficulty judging distance, demonstrate how to create the boundaries of a Safe Side Circle by using other means. For example, visit several areas in and around the school and create real and imaginary Safe Side Circles using indicators such as string, yarn, or jump ropes.
- ★ Allow children to practice deciding when someone enters their Safe Side Circle by playing a game. Pretend you are a stranger and have children "sound an alarm" by calling out for help and running away when you come too close, but not yelling if you only pass by at a safe distance without stopping. A good yell is, "This isn't my mom (or dad)!"

Personal space

- ★ Ask children to stand up, extend their arms, and turn around in a circle. Explain that this space is called *personal space* and that keeping this open space around them is another way to stay safer, even inside their Safe Side Circle. Tell children that if someone they don't know or kinda know gets into their personal space, they should immediately yell out loud and go to an adult they know and trust.
- ★ To build awareness of personal space, take children outside to an area with a sidewalk. Draw chalk circles to represent a child's personal space. Draw circles for half the class and ask a child to stand in the center of each circle. Ask the other half of the class to walk along the sidewalk, occasionally stepping over the chalk lines. When a line is crossed, the child in the circle should call for their trusted adult or move toward them. Have children switch roles.

Quick check

- ★ Review the use of the traffic light circles to answer yes/no questions.
- ★ Ask children to listen to each question. If it is true, have them raise their green traffic light circle. If it is not true, have them raise the red circle.
 - ? It should be easy to see everyone in a play area.**
 - ? It is safe to play in a dark place outdoors.**
 - ? It is okay to yell and get everyone's attention if someone you don't know gets too close.**
 - ? A Safe Side Circle is real and you can see it.**
- ★ Choose some of the following questions to check children's understanding of this lesson:
 - ? Ask children to name three questions they should ask themselves about whether a place is a safe place to play.**
(Sample responses: Are there a number of people there? Is it easy to get to? Is it open so that it is easy to see everyone? Is it well lit at night?)
 - ? Ask children what they would do if someone entered their Safe Side Circle and was walking through it.**
(Sample responses: Run to your Safe Side Adult. Nothing if the person isn't too close and keeps walking.)
 - ? Ask what they would do if the person entered the Safe Side Circle and watched or approached them.** (Sample response: Run from danger and tell a Safe Side Adult if anyone enters and remains in the circle or approaches.)

? Ask children to show you how big their Safe Side Circle is.

(The length of a single-person jump rope, or about 5 feet, is the correct radius of a safe area. The Safe Side Circle would be approximately 10 feet in diameter.)

? Ask them what they should do if someone they don't

know gets into their personal space. *(Yell out loud, get away fast, and go to an adult they know and trust.)*

Using the activity masters

You are permitted to photocopy the activity masters in this Guide.

Activity 2-1

- ✦ Read the directions and have children complete the master independently. With young children, you may wish to go scene by scene through the steps of the activity.
- ✦ After children have completed the activity, discuss what is happening in each scene and how a child should respond if someone they don't know gets into their safe space.
- ✦ Ask children to recall the Safe Side Hot Tips that relate best to each scene.
- ✦ If children are fluent readers and writers, you might ask them to write a description of each scene and tell why it is or is not safe for the child.

Activity 2-2

- ✦ Read the directions with children and make sure they understand them. If students are fluent readers and writers, then organize them into groups to complete the activity. For emergent readers and writers, guide them through the activity as a group and record their responses to create several group poems. Here is an example:

1. What is a safe space around you? 2. Why is it important? 3. What should you do if someone you don't know gets into your safe space?

1. My arms outstretched wide.
2. This space protects me.
3. If I don't know someone,
they can't come in or I'll run away
and tell my Safe Side Adult.

- ✦ Have the student draw a picture of himself or herself and draw a Safe Side Circle around the drawing to demonstrate an understanding of the correct dimensions.

the

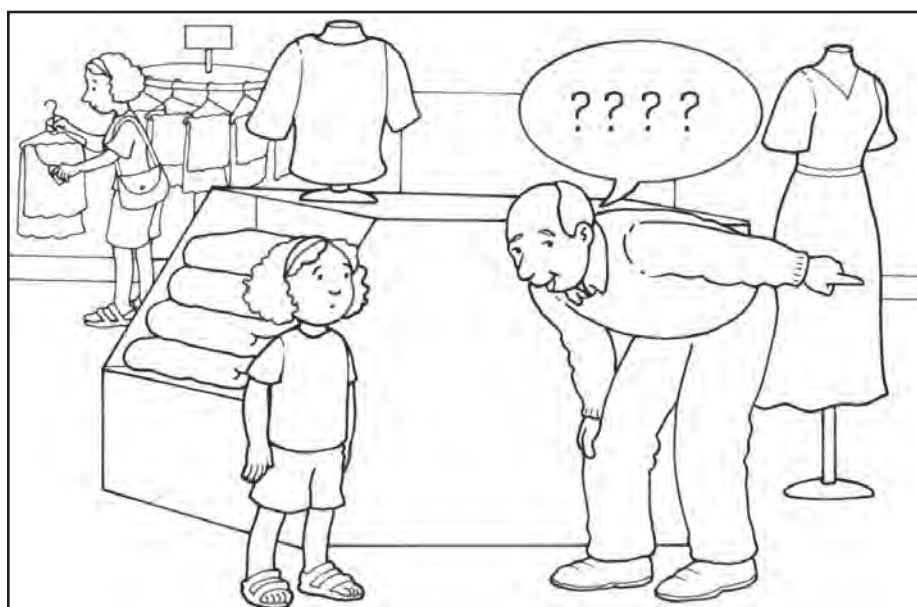
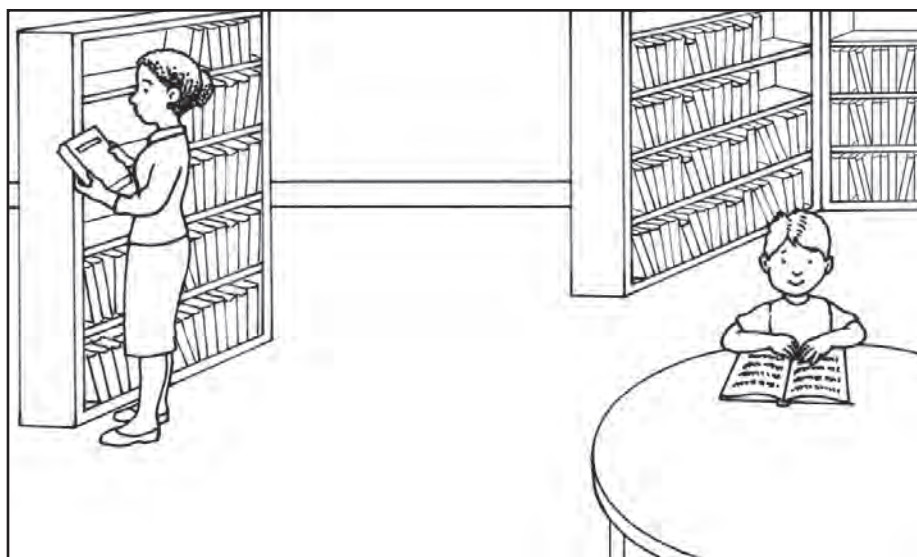
safe

side

Name: _____

Activity 2-1**The Safe Side Circle**

Draw a circle around each child to show a safe space. If someone is in the child's circle, then draw an X over the scene. If no one is in the child's space, then color the picture.





Name: _____

Activity 2-2

My Safe Side Poem

Answer each question and make a poem.
(Poems don't have to rhyme.)

1. What is a safe space
around you?

2. Why is it important?

3. What should you do
if someone you don't
know gets into your
safe space?

Draw a picture of yourself.
Show your Safe Side Circle.





Lesson 3: Don't Knows and Kinda Knows

Learning objectives

- ✦ Children will explain that they need to be aware of people and situations around them.
- ✦ Children will learn to distinguish between Don't Knows and Kinda Knows.

National Health Education Standards

Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.

Standard 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

Safe Side terms

Don't Know Any person you do not know

Kinda Know Someone you might recognize but who is not one of your Safe Side Adults

Stranger Safety Hot Tips

- ✦ Never talk to Don't Knows unless your Safe Side Adult is with you.
- ✦ Never go anywhere, with anyone, unless you ask your Safe Side Adult first.
- ✦ Keep your Safe Side Adult close. If you can see them, they can see you.

Cool Tunes music extensions

Listen to Track 4—"Don't Know, Don't Talk" (2:59)

Listen to Track 3—"I Don't Know You" (3:42)

Listen to Track 6—"Don't Go" (3:36)

Safe Side Display

Update your classroom display by adding the Don't Know and Kinda Know handbills.

Materials

Blanket; magazine pictures of several average adults of different ages (not celebrities); red, green and yellow traffic light circles (*optional*); green and red crayons or markers; scissors.

Discussions and Activities

Don't Knows

- ★ Explain to children that they have to be careful when they are out in the world. There are some people who could hurt them. If a child doesn't know someone, then that person is a "Don't Know." Point out that you cannot tell whether or not a person might hurt someone just by the way they look. Children should be cautious of people they don't know and never talk to them unless their Safe Side Adult is with them. If a Don't Know tries to talk to children when their Safe Side Adult is not near, then they should yell loudly.

Remembering game

- ★ Explain to children that one thing that will help them stay safe is to pay careful attention to details around them. Invite them to play a memory game.
- ★ Choose a volunteer. Tell children to pretend that the person is a Don't Know. They should look at the person for one minute and notice details that can tell about the person. Then have the volunteer go behind the blanket held by two other volunteers.
- ★ Ask children questions to determine how observant they were: *What color shirt was he wearing? What kind of shoes? Did he have on any jewelry?*
- ★ Have the volunteer come out to compare children's responses with the actual appearance.
- ★ Repeat with different volunteers, asking different questions each time.

Kinda Knows

- ★ Explain to children that a "Kinda Know" is a person that they may have seen before or they or their parents may have talked to in the past. They may even see this person often. Tell them that sometimes it can be hard to tell who is a Kinda Know, but it is not a person that they and their parents trust like family. It is not one of their Safe Side Adults. It may be someone who lives in their neighborhood, who works at a store, or who helps their family with chores. It could even be a doctor or a person in a uniform. Remind them never to go anywhere with this person unless they ask a Safe Side Adult first.
- ★ Inform children that "big kids" count as adults. For example, someone's Safe Side Adult might be a big brother or sister or an almost-grown-up cousin. Tell them, however, that the boy or young man who works at the gas station or the supermarket and the girl or young woman who works in a store or goes running in their neighborhood are Don't Knows or Kinda Knows, the same as any other adult they don't know or don't know very well. They should not let them into their Safe Side Circle and should not go with them without asking their Safe Side Adult.

Quick check

- ★ Show children magazine photos of adults (not celebrities). Ask yes/no questions, such as *Do you know this person? Is this person a Don't Know? Can you tell by looking who might hurt you?* Children may respond either by holding up their red or green traffic light discs or by showing thumbs up or thumbs down.
- ★ Continue asking yes/no safety questions without the photos. You may wish to divide the class by sections, tables, or rows to answer each question. Then have the rest of the class confirm the correct answer by raising their traffic light signals.

? Should you talk to a Don't Know if your Safe Side Adult is not near?

? If someone knows your name, is it okay to talk to them?

? One of your Safe Side Adults comes to give you a ride home. Is it okay to go?

? Should you go to the park with a big boy who is new in your neighborhood?

? If a person looks nice, are they safe to talk to?

? Is it okay if your teacher waits with you until your mother arrives?

? The girl who babysits next door asks you to come over. Is it all right to go?

? Should you give directions to a man you don't know if he asks you?

? Can you go with a Kinda Know if your mom says it's okay?

Using the activity masters

You are permitted to photocopy the activity masters in this Guide.

Activity 3-1

- ★ Read the directions to children. Complete the first item with the class. Read the caption below the drawing and give the children time to decide if it is a *yes* (green light) or a *no* (red light), and have them color the circle.
- ★ Allow those who can to complete the rest of the activity on their own. Continue helping emerging readers and writers by reading the captions.
- ★ When everyone has finished, discuss the safety lessons of each drawing and ask the children to give the best Hot Tips for each one.

Activity 3-2

- ★ Go over the directions and help children construct their bookmarks.
- ★ If students are fluent readers and writers, then organize them into groups to complete the activity. For emergent readers and writers, guide them through the activity as a group and help them record their responses on the inside of their bookmarks.

Name: _____

Activity 3-1**Don't Knows and Kinda Knows**

Look at each picture. If the child is safe, color the circle green. If the child is not safe, then color the circle red.

1.



The child does not know this person.
The man asks the child's name.

2.



The child and parent are getting a
pretzel. A worker asks the child if she
likes pretzels.

3.



The child and parent answer the door.
A worker asks if the child is having a
nice day.

4.



The child is playing, but the child's
Safe Side Adult is not in sight.

the

safe

side

Name: _____

Activity 3-2

Make a bookmark

Cut out the bookmark. Fold it in half. On the inside, draw and write about staying on the safe side.





**A
Don't Know
is anybody
you
don't know.**

Would you pet a strange dog?

smart. cool. safe.®



Dad's boss



Coach



Milkman



Mom's boss



Sister's friend



Doctor

Do you know these people?

A **Kinda Know** is someone you might know, but is not one of your Safe Side Adults.



Lesson 4: **Don't fall for tricks!**

Learning objectives

- ✦ Children recognize potentially dangerous situations.
- ✦ Children will practice refusal skills.

National Health Education Standards

- Standard 4:** Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
- Standard 5:** Students will demonstrate the ability to use decision-making skills to enhance health.
- Standard 7:** Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

Safe Side terms review

Safe Side Adult, Don't Know, Kinda Know, Safe Side Circle

Stranger Safety Hot Tips

- ✦ STOP AND THINK! Don't fall for tricks.
- ✦ Never go anywhere, with anyone, unless you ask your Safe Side Adult first.
- ✦ Never open the door without your Safe Side Adult.

Cool Tunes music extensions

Listen to Track 5—"Tricks" (2:58)

Listen to Track 8—"The Door" (3:13)

Safe Side Display

Review the Don't Know and Kinda Know handbills. Continue adding children's work and Safe Side items to your display.

Materials

Costumes and props; crayons, markers, and other craft materials; scissors.

Discussions and activities

Don't fall for tricks!

- ★ Ask children whether they have ever tricked a sibling or friend. Explain that those kinds of tricks are fun, but some tricks are not fun and can even be dangerous. Explain that children must be aware of Don't Knows or Kinda Knows who want to trick them in order to harm them.
- ★ Point out that no adult should ever ask for help from a child (such as finding a lost pet or the like). Explain that this is a trick. Tell children that if an adult asks for such help, they should run and tell their Safe Side Adult.
- ★ Tell children a common trick is for an adult to offer money, candy, or another treat if the child will do something for them or go with them. No adult should ever offer a child anything to do something for them without talking to their Safe Side Adult, and no child should ever accept treats from a Don't Know or Kinda Know.
- ★ Explain that another trick might be for the Don't Know or Kinda Know to tell the child that their parent wants the child to go with them. This is a trick. Children should never go anywhere unless they ask their Safe Side Adult first.
- ★ Another common trick is for an adult to tell a child that one of his or her parents is hurt so that the child goes with them. Do not be fooled. If a parent is really hurt, the child will be told by people they know or by someone such as a police officer.
- ★ Remind children that even at home, they should be careful of tricks. For example, they should never open the door to a Don't Know or Kinda Know unless their Safe Side Adult is with them. No matter what the person tells them—even if they say they are hurt or sick and must use the phone or that there is another emergency—children must not answer the door alone. Tell children that if their Safe Side Adult is not at home, the person should go to another house to find an adult who can help.
- ★ Emphasize to children that, while it is important to do what adults such as parents and teachers tell them, in many situations, they do *not* have to listen to and follow the instructions of Don't Knows or Kinda Knows. They can say no, run away, and find a Safe Side Adult.

Scenes to stay safer

Work with small groups of children. Have one child pretend to be a Don't Know and dress up with the costumes and props provided. Have one child act the role of a child at a park or at home. Have a third child stand at a distance and act the role of the Safe Side Adult. Have children act out a scene in which the Don't Know tries to pull a trick on the child, such as asking for help finding a lost pet or asking to use the telephone. Children should run to tell their Safe Side Adult. Direct children to switch roles. After each scene, help children summarize the trick and the safe behavior to avoid being hurt.

Quick check

- ✧ Provide the following scenarios and have children respond by telling what they should do.
- ? You are in a park. A Don't Know asks whether you would like to go to get an ice cream cone.**
- ? You are at after-school activities. A Don't Know says your mom is hurt and sent them to pick you up.**
- ? You are at home with your dad when the doorbell rings, but he isn't in the room. The lady at the door says she wants to give you a package for your mother.**
- ? You are walking home from school. A Don't Know asks whether you have seen their lost puppy and whether you can help look for it.**
- ? You are waiting for your mother after school and the weather is very bad. A Kinda Know asks if you want to wait in their car.**

Using the activity masters

You are permitted to photocopy the activity masters in this Guide.

Activity 4-1

- ✧ Read the activity title and directions with children. Talk about common tricks that they learned about and what children should say and do in those situations.
- ✧ If children are fluent readers and writers, have them complete the speech bubbles independently. As an alternative, have them form pairs or small groups to create a scenario, write a dialogue between the child and the teen, and present the scene. Then have each person complete the speech bubbles on the activity sheet with part of the dialogue.
- ✧ For emergent readers and writers, provide support or write children's dictation, depending on their level of fluency. As an alternative, help them understand the presentations of their classmates and capture the essence of the dialogue in a copied or dictated caption.

Activity 4-2

- ✧ Read the directions with children. Encourage children to use their creativity to decorate the outside of the card.
- ✧ Suggest that fluent readers and writers write about how to stay as safe as possible.
- ✧ Suggest that emergent readers and writers write words and labels.

the

safe

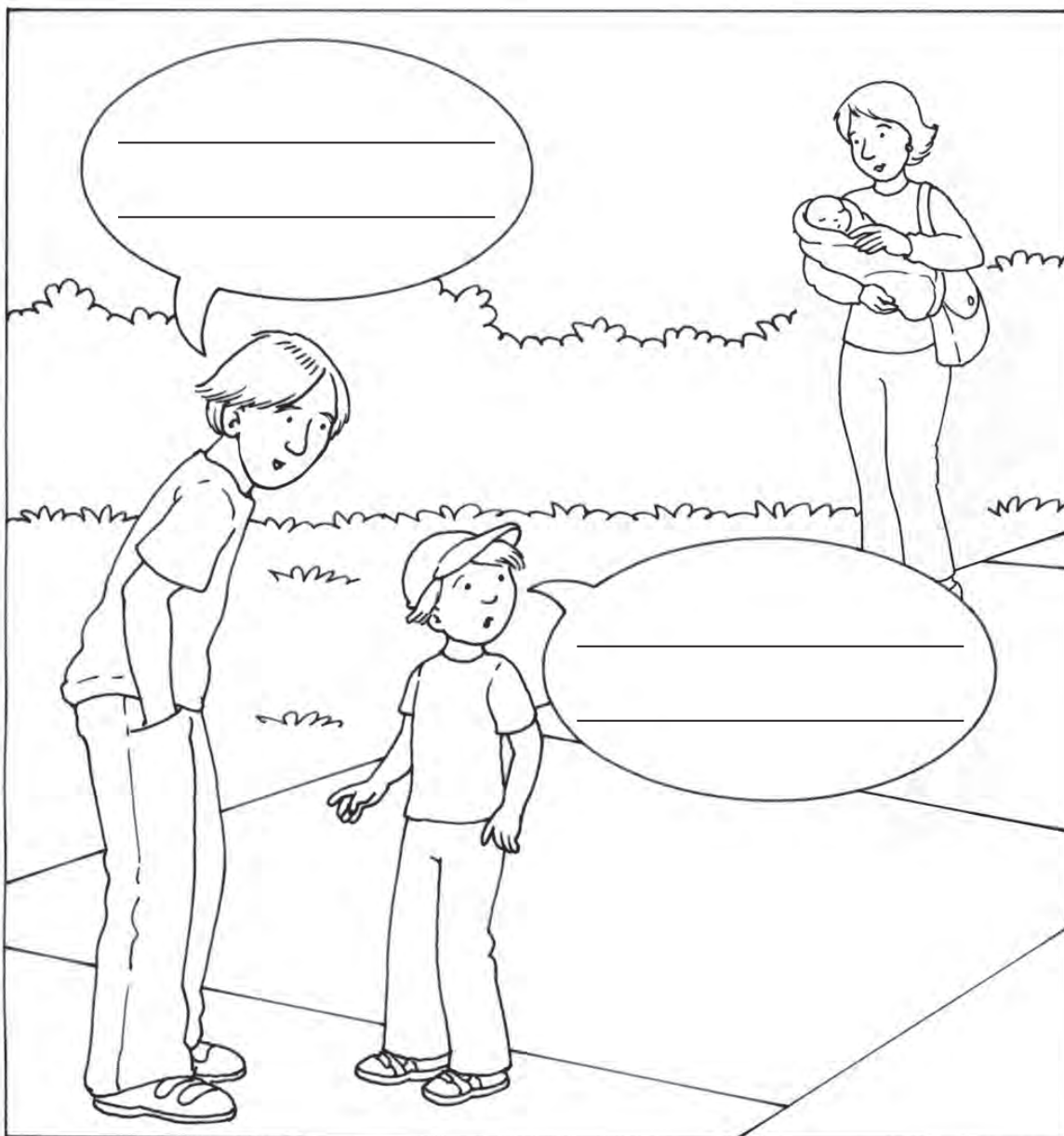
side

Name: _____

Activity 4-1

Don't fall for tricks!

A Don't Know is talking to a child. What does he say?
What should the child say and do? Write what they say.



the

safe

side

Name: _____

Activity 4-2

Make a pop-up card

Write and draw on the outside of the card to help you remember how to stay safer.

**STOP
AND
THINK!**



Don't fall for tricks.

Cut on the dotted lines. Fold on the solid lines.



Lesson 5: **Staying on The Safe Side**

Learning objectives:

- ★ Children will review Hot Tips for ideas about how to stay safer.

National Health Education Standards:

- Standard 3:** Students will demonstrate the ability to access valid information and products and services to enhance health.
- Standard 7:** Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
- Standard 5:** Students will demonstrate the ability to use decision-making skills to enhance health.
- Standard 7:** Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

Safe Side terms review

**Safe Side Adult, Safe Side Circle, Don't Know, Kinda Know,
Safe Side Superchick**

Stranger Safety Hot Tips review

- ★ Keep your Safe Side Adult close. If you can see them, they can see you.
- ★ Never open the door without your Safe Side Adult.
- ★ Never talk to Don't Knows unless your Safe Side Adult is with you.
- ★ STOP AND THINK! Don't fall for tricks.
- ★ Don't let anyone inside your Safe Side Circle. Run from danger!
- ★ Never go anywhere, with anyone, unless you ask your Safe Side Adult first.
- ★ Know your three Safe Side Adults.

Video and music extensions

Stranger Safety DVD

Play the entire video program or the Hot Tips Review

Cool Tunes CD

Listen to Track 2—"Superhero" (3:04)

Listen to Track 10—"Ride of Our Lives" (2:55)

Safe Side Display

This week you might rearrange your display and post some of the take-home materials to familiarize children with them. Later in the week, display The Safe Side Certificate of Achievement as you talk about your plans for celebrating the end of safety week.

Materials

Traffic light circles, stick-on note pad, note cards; scissors, glue, crayons, colored markers, other crafts materials; coat hangers, string or yarn (*optional*, to create mobiles)

Discussions and activities

Hot Tip match

- ★ Review the Hot Tips with children. (Consider using the Hot Tips Review on The Safe Side video.) Then ask the children to listen to what some people are saying and decide which Hot Tip the person is remembering:
 - Mom, someone is at the door. Can you please answer it?
 - If I need help, I can go to my aunt, my grandpa, or my mom's best friend.
 - I can play here because I can still see my dad from where I am.
 - Adults don't need help from children to find a puppy.
 - That person is too close to me. I need to get out of here!
 - I don't know that person, so I can't talk to her.
 - I would like to go to the park, but I need to ask my mom first.

Safe Side trivia

- ★ Prepare a poster board with 12–15 answers to questions about The Safe Side program. Cover each answer with a self-stick note. To play, children remove the note to reveal an answer. Read it aloud. Then children pose a question that matches the answer. For example, for the answer *Hot Tips*, children might say *What are rules for keeping safe?* If necessary, adapt the game to the ability level of your students by having them match the question with the answer.

Quick check

- ★ Give the class a brief yes/no safety quiz, trying to call on each child at least once. Have children answer by using their colored traffic light circles. You may begin by giving the following statements:

- ? I can play outside by myself.**
- ? I always tell my Safe Side Adult when I leave the house.**
- ? If someone is at my door, it's always safe to open it.**
- ? If I get lost in a store, I should find a woman who works there and ask for help.**
- ? Grown-ups should always ask kids for help.**
- ? It's okay to tell a nice grown-up personal information about myself, like my name and address.**
- ? I can always say 'no' to a person who asks me to do something that makes me feel weird or uncomfortable.**

You may collect other statements ahead of time from all of the preceding Safe Side lessons.

Team quick check

- ★ Before class, write yes/no statements on cards. Divide the class into two or more teams. Allow each team to draw cards in turn. Read the statement and give the team that drew the card the first chance to respond. The other team holds up their red or green traffic light circles to confirm yes or no. Award one point for each correct answer.

Using the activity masters

You are permitted to photocopy the activity masters in this Guide.

Activity 5-1

You can have the class use the Hot Tips for a variety of projects:

- ★ Children can use them to make a puzzle. Have children draw and color a related picture on the back of the Hot Tips. Then have them cut out the puzzle pieces, trade puzzles, and assemble a partner's puzzle.
- ★ You could also have children make a mobile by cutting out the Hot Tips, tying string or yarn around them, and attaching them to a clothes hanger.

Activity 5-2

- ★ Read the directions with children and have them assemble the cube. Organize children into small groups to play a game with the cube. Fluent readers can play independently, but emergent readers will require assistance with reading. Have children take turns tossing the cube and telling something about the words or picture.

Safe Side family take-home materials and letter

See the Family Activity Pack section following Lesson 5 for these materials.

the

safe

side

Name: _____

Activity 5-1

Hot Tips game

Use the Hot Tips to make art and games.

Never talk to
Don't Knows
unless your
Safe Side Adult
is with you.

Keep your Safe Side Adult
close. If you can see them,
they can see you.

STOP AND THINK!
Don't fall for tricks.

Don't let anyone
inside your
Safe Side Circle.
Run from danger!

Never go anywhere,
with anyone, unless
you ask your Safe
Side Adult first.

Know your
three
Safe Side
Adults.

Never open the door without
your Safe Side Adult.



the

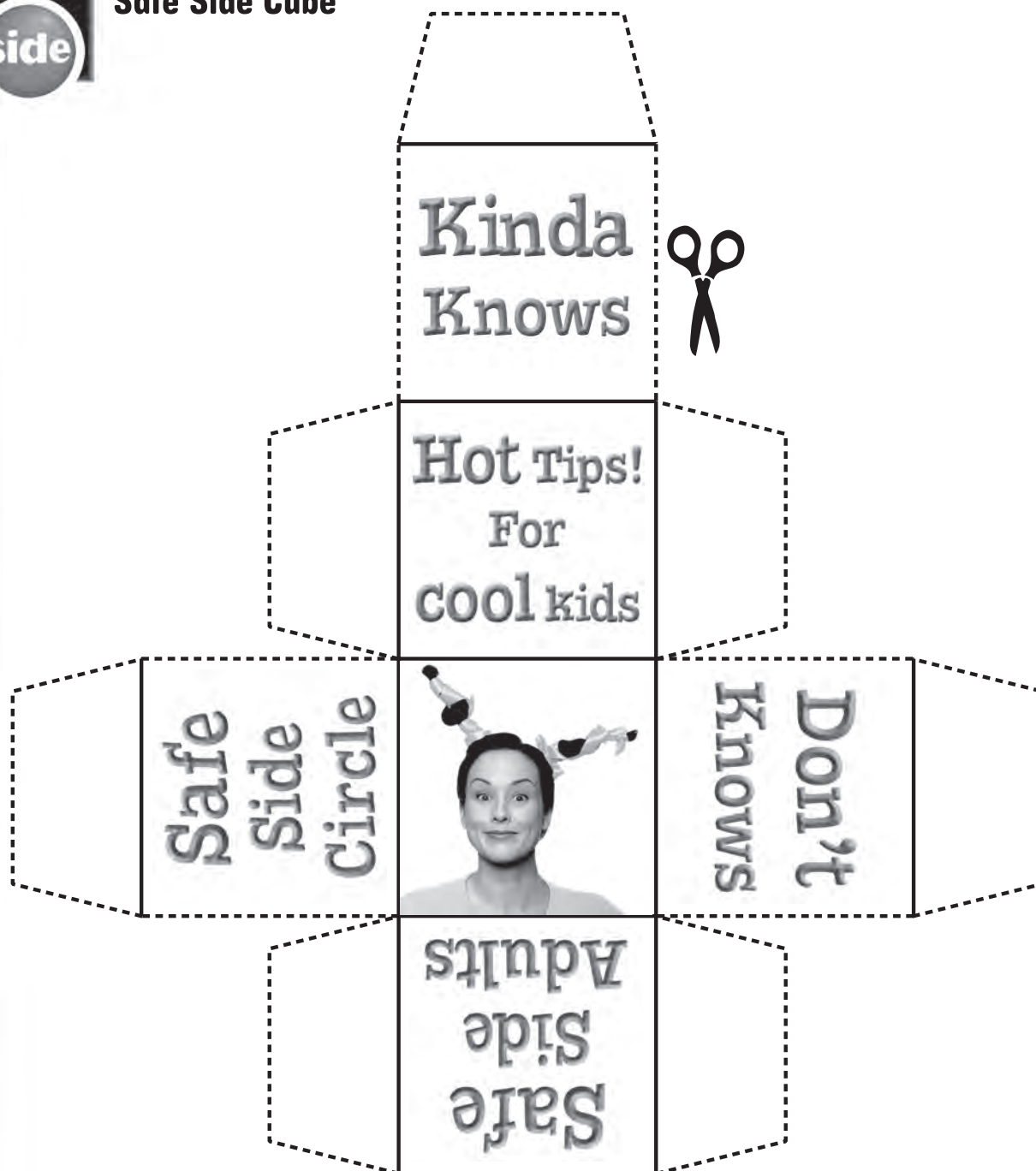
safe

side

Name: _____

Activity 5-2

Safe Side Cube



Cut on the dotted lines.
Fold on the solid lines.



Family Activity Pack

The Family Activity Pack on the following pages contains reproducible materials for students to take home to their parents or guardians. The copy masters include:

Letter to parents or guardians

Family Viewing Guide and Discussion Questions

My Safe Side Data and Hot Tips Mini-Posters

Use these masters to extend learning from the classroom to the living room!

- ★ Reproduce the Family Activity Pack masters in either black and white or color, according to your preference.
- ★ Distribute the Family Activity Pack to your students. Tell them they can keep the papers, and encourage them to discuss safety with their parents.
- ★ Consider doing one or more of the activities found in the Graduation Ceremony lesson plan. We recommend, at minimum, you distribute the Certificate of Achievement, proclaiming that each student has been Super Safety-fied!





Family Activity Pack

Dear Parents and Guardians,

Your child has been introduced to important personal safety topics in school. While basic concepts have been introduced, the most important learning should take place at home where family members can talk about safety and agree on safety rules. The package of materials your child brought home today is designed to help you with this important task.

At The Safe Side, we're constantly asked what families can do to help their children stay safe. Here's a simple three-point plan.

1 **Educate your kids. Knowledge is power.**

We created The Safe Side to present important safety information to kids in an engaging, easy-to-remember way. We recommend the following:

- ★ If possible, purchase or rent The Safe Side: Stranger Safety video at Amazon.com or the iTunes Store. Some public libraries also have the video.
- ★ Read the Family Viewing Guide on the following **movie chapters** page before watching the Stranger Safety video.
- ★ Watch the Stranger Safety video with your child at least once. Let your kids watch it again and again if they want to.
- ★ Hold a family discussion. Use suggestions in the Family Viewing Guide to talk about topics presented in the video.
- ★ Work with your child to complete the **my safe side data** activity sheet, then put it in a convenient place.

Additional family resources, including a downloadable Child ID Kit, are available at www.thesafeside.com/downloads

2 **Know your neighborhood**

It's good to know whether or not potential threats exist in your immediate area. Family Watchdog is a free online service that keeps track of the locations of registered sex offenders using publicly available databases. We recommend you visit www.familywatchdog.us to survey your neighborhood.

3 **Support changes in the child protection laws**

Many states have implemented Jessica's Law, and other states are considering it and other protective legislation. We encourage you to support such efforts by writing to your representatives and voting for laws that protect our kids from predators.

As the parents of young children, we hope our work at The Safe Side contributes to your family being safer. Nothing is more important.



John Walsh

Julie Clark



stranger safety

the movie chapters

®
Introducing Safe Side Superchick.

1. Introducing Safe Side Superchick.
2. What is a Don't Know?
3. Examples of Don't Knows.
4. Hot Tip: Keep your Safe Side Adult close.
5. Hot Tip: Don't open that door!
6. Hot Tip: Think! Beware of tricks.
7. Hot Tip: Don't Know? Don't talk.
8. Hot Tip: Create a Safe Side Circle.
9. Hot Tip: Know your Safe Side Adults.
10. Hot Tip: Don't go without asking.
11. Hot Tips review at Safe Side HQ.
12. Hot Tips review at John Walsh.
13. A message from John Walsh.
14. Closing credits.



**Want to own
or rent
the video?**

For info, visit:

www.thesafeside.com

smart. cool. safe.®

Family viewing guide

Stranger Safety is unlike any other child safety video. Our concept is simple: Make it fun to watch and kids will want to view it over and over. Repetition is a good way to learn something and remember it.

When you watch the Stranger Safety video, you'll quickly discover it was created for kids. You'll see zany characters and real-world scenes that help teach kids how to stay on "the safe side" in potentially dangerous situations. You should watch the movie at least once as a family, and then let your child watch it as many times as he or she wants.

While watching, pay particular attention to The Safe Side's unique vocabulary, such as Safe Side Adults, Kinda Knows and Don't Knows. You'll also see the movie introduce and develop seven important safety rules, called Hot Tips. The core purpose of the movie is to demonstrate to kids how Hot Tips should be used in a number of familiar settings and common situations.

Discussion questions and activities

We believe communication, discussion and practice should happen openly and often. After viewing the video, there are a number of questions you can ask to make sure the lessons stick. Try these, and create some of your own.

- ★ What is a Don't Know?
- ★ What is a Kinda Know? Can you name three Kinda Knows?
- ★ Read each Hot Tip together on the mini-poster. Have your child explain what it means in his or her own words, and give an example of when the Hot Tip should be used. Cut out the Hot Tips mini-poster and put it in a place where your child will see it. Quiz your child from time to time.
- ★ Complete the **my safe side data** directory with your child, selecting three Safe Side Adults and recording important phone numbers. Put the directory in an easy-to-remember location and help your child commit the phone numbers to memory in case the information is ever needed in an emergency.
- ★ Role-playing is a good way to learn. For example, ask your child, "What would you do if you were alone and the doorbell rang?" or "What if we got separated in a grocery store?" Allow your child to act out a reaction.

For more family activities, visit www.thesafeside.com/downloads



my Safe Side data

My address _____

My phone _____

Mom's cell phone _____

Dad's cell phone _____

Safe Side Adult 1 _____

Phone _____

Safe Side Adult 2 _____

Phone _____

Safe Side Adult 3 _____

Phone _____

Police _____

Fire _____

Doctor _____

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www.thesafeside.com



Hot Tips for cool kids

from the Stranger Safety movie

Keep your Safe Side Adult close.

✦ If you can see them, they can see you.

✦ Never open the door without your Safe Side Adult.

✦ STOP AND THINK! Don't fall for tricks.

✦ Never talk to

Don't Knows unless your Safe Side Adult is with you.

✦ Don't let anyone inside your Safe Side Circle. Run from danger!

✦ Know your three Safe Side Adults.

✦ Never go anywhere,

✦ with anyone, unless you ask your Safe Side Adult first.

✦ ask your Safe Side Adult first.

smart. cool. safe.
www.thesafeside.com



Graduation Ceremony: You've been Super Safety-fied!

Objectives:

- ✪ Celebrate the completion of Super Safety Week.

Materials

Your classroom Safe Side Display; refreshments (*optional*); teacher dress-up (*optional*); Super Safety-fied! Certificate of Achievement (print one for each child)



Preparation

Plan a culminating activity to celebrate the completion of the Super Safety Week. It may be as simple as distributing the Certificates of Achievement, and having refreshments. However, if you wish to have a more elaborate ceremony and/or include parents and guardians, this would also be an appropriate closing for this important safety unit.

Graduation ceremony and activities

Presentation of certificates

Present each child with a Certificate of Achievement and congratulate the class on their accomplishment in completing the program. Tell them that now they know how to stay safer at home, at school, and anywhere they happen to be.

Entertainment

Sing-along or dance-along (*optional*):

- Play the Safe Side Superchick music video while children sing and dance. The music video is accessible from the *Stranger Safety DVD* main menu.
- If your class enjoyed the *Cool Tunes CD* or made up chants or dances, you can ask them to repeat their favorites at the ceremony or perform them for their guests.

Skits (*optional*): Provide the box of props that children used when they enacted scenarios to show what they would do in a variety of situations during your Safe Side lessons. Have volunteers choose props, and help them set up a situation. Describe the scene so the children may act it out. Then have them describe the Safe Side Hot Tip and the behavior they followed to stay as safe as possible.

Post-ceremony

Serve refreshments, if desired. Set up an area to play the *Stranger Safety DVD* for interested children and guests. Invite children to show guests the Safe Side display.



Safe Side Superchick
says



name: _____

is
Super Safety-fied!



Presentation to a whole class or large group

We understand that a variety of stakeholders in children's safety may wish to present the *Stranger Safety DVD* to entire classrooms or large groups of children. The viewing options outlined below enable teachers or presenters to address the key points of the *Stranger Safety DVD* when the delivery of Super Safety Week is not possible.

1. Preview the *Stranger Safety DVD*

Preview the *Stranger Safety DVD* yourself and learn the seven Stranger Safety Hot Tips before presenting to the class or group. Here are some notes about the DVD and the Hot Tips that will help you prepare for the presentation:

- ✦ The movie is an interesting and engaging blend of zany characters, humorous situations, and serious safety messages. The *Stranger Safety* movie is a viewing experience designed to prevent safety from being "boring" or "scary."
- ✦ The Safe Side motto is **smart. cool. safe.** We tell kids there are times when it's important to be **smart** (recognize danger), and other times when it's important to be **cool** (be cautious and think). Staying **safe** is the reward for knowing what to do and doing it.

smart. cool. safe.®

- ✦ The movie is structured around defining three types of grown-ups: Don't Knows, Kinda Knows, and Safe Side Adults. We use the terms "Don't Know" and "Kinda Know" because their meaning is more precise and understandable than the word "Stranger." Safe Side Adults are a child's most-trusted grown-ups, and need to be designated by the child's parents or guardians.
- ✦ Our rules are called **Hot Tips**. We use "tips" rather than "rules" because we want kids to take ownership of the concepts and apply the knowledge to everyday situations, like walking to school, playing at the rec center, or opening the door at home. Our seven Hot Tips are:
 - Keep your Safe Side Adult close. If you can see them, they can see you.
 - Never open the door without your Safe Side Adult.
 - STOP AND THINK! Don't fall for tricks.
 - Never talk to Don't Knows unless your Safe Side Adult is with you.
 - Don't let anyone inside your Safe Side Circle. Run from danger!
 - Know your three Safe Side Adults.
 - Never go anywhere, with anyone, unless you ask your Safe Side Adult first.

- ✧ In addition to the movie, the DVD has a few special features, all of which are accessible from the main menu. You can select to watch the Hot Tips Review, the Music Video, or the movie with Spanish subtitles. Like most DVDs, the movie is divided into chapters. You can skip forward or backward through the chapters using the DVD player's remote control.

2. Show the *Stranger Safety DVD* to the group

As you view the *Stranger Safety DVD*, encourage children to raise their hands when they have questions. You can always pause the action, and it's best to address questions and concerns as they arise. In addition, there are seven "natural breaks" to the movie's action—after each of the seven Hot Tips is described. Use the DVD player's pause button to stop the movie at each of the places indicated below and use the questions we have provided to guide discussion.

- ✧ Pause after Chapter 4, "Hot Tip: Keep your Safe Side Adult close."
 - Should you stay where you can see your Safe Side Adult when you play outdoors? (Sample response: Yes, because my Safe Side Adult can't keep me safe if they can't see me.)
- ✧ Pause after Chapter 5, "Hot Tip: Don't open the door"
 - What should you do if a Don't Know or Kinda Know wants to come inside and your Safe Side Adult is not there? (Sample responses: Don't answer the door or let them know you are home. Don't let them in.)
- ✧ Pause after Chapter 6, "Hot Tip: Think! Beware of Tricks"
 - Are all tricks fun? (Sample response: No. Sometimes tricks can be dangerous.)
 - If a Don't Know or Kinda Know asks you to help find a lost pet, should you go? (Sample response: No. That person could be trying to trick me.)
 - What are some other ways Don't Knows and Kinda Knows can try to trick you? (Sample responses: They can offer me a treat to go with them. They can tell me my parent wants me to go with them. They can pretend my parent is hurt to try to get me to go with them.)
- ✧ Pause after Chapter 7, "Hot Tip: Don't Know? Don't talk."
 - Should you talk to a Don't Know if your Safe Side Adult is not near? (No.)
 - What should you do if someone you don't know calls you by name and asks to talk to you? (Sample response: Say "no." That person could be trying to trick me.)
- ✧ Pause after Chapter 8, "Hot Tip: Create a Safe Side Circle."
 - What are safe places like? (Sample responses: There are lots of people around. They are well lit at night and on dark days.)
 - What is a Safe Side Circle? (Sample response: a super-safe space around a person that is big enough to see Don't Knows and Kinda Knows coming before they get too close.)

- ★ Pause after Chapter 9, “Hot Tip: Know your Safe Side Adults.”
 - Can someone you don’t know be your Safe Side Adult? (No.)
 - Are all adults at your school Safe Side Adults? (*Sample response: Not necessarily. Only people my parents/guardian choose are Safe Side Adults.*)
- ★ Pause after Chapter 10, “Don’t go without asking.”
 - What should you do if a friend wants you to come over? (*Sample response: Don’t go without asking my Safe Side Adult.*)
 - What should you do if you want to go to the park but your Safe Side Adult is not home? (*Sample responses: Don’t go. Wait until my Safe Side Adult gets home so I can ask.*)

3. Extend children’s learning

Use any of the following optional activities to reinforce what children have learned.

- ★ Hold a brief discussion to relive some of the DVD highlights, asking questions such as:
 - What was your favorite part of the video? Why?
 - Who is your favorite character?
 - What’s the funniest thing Safe Side Superchick did in the movie?
 - What’s the most important thing Safe Side Superchick taught you in the movie?
- ★ Role-playing is an excellent strategy for helping children develop the words and strategies to stay safer. Have small groups of children act out the following role-playing scenarios. Discuss each scenario with the children, emphasizing how they can stay safer in each situation.
 - A Don’t Know comes to the door and says he has a letter for your parent. What should you do?
 - You are at the park with your Safe Side Adult. You want to play on the slide, but it is located in a part of the park where your Safe Side Adult can’t see you. What should you do?
 - You are walking home from school. A Kinda Know offers to give you a ride home and tells you your mom says it’s OK. What should you do?
- ★ Celebrate what children have learned with live entertainment. Try one or more of these ideas:
 - Play the Safe Side Superchick music video while kids sing and dance.
 - Have the kids perform a Stranger Safety skit that they create themselves.
- ★ Duplicate the Family Activity Pack (see pages 45-47), and give copies to each child to take home.

Using the Stranger Safety materials as a take-home program

We strongly encourage schools to fully implement the Stranger Safety program by delivering Super Safety Week. However, we recognize that other instructional priorities can make it difficult to commit classroom time for safety instruction.

This take-home approach is an easy-to-implement alternative. You will need multiple copies of the *Stranger Safety DVD* to effectively use this option, or encourage parents to buy their own copy. Visit www.thesafeside.com/buy to explore purchase and rental options.

- ✦ The Family Activity Pack included in this Teacher Guide features reproducible materials for students to take home. The Family Activity Pack masters include:

Letter to parents and guardians

Family Viewing Guide and Discussion Questions

My Safe Side Data and Hot Tips Mini-Posters

- ✦ Reproduce the Family Activity Pack masters in black-and-white or color.
- ✦ Distribute the Family Activity Pack to each student. Tell students that they should watch the video with their parents and identify their Safe Side Adults.

There also is a Family Guide available for free download at www.thesafeside.com/downloads



Using The Safe Side in fund-raising events

Many schools, PTAs and PTOs have discovered that products from The Safe Side can be used for effective fund-raisers. We are pleased to support such efforts by making our top-selling products available to school-based groups and organizations at substantial discounts.

There are several ways you may use the products from The Safe Side to make money for your organization, including:

- ★ Order products from The Safe Side prior to an event and sell them during the event;
- ★ Take orders at the event; and
- ★ Have the children take orders from their friends and family. **The Safe Side does not support children selling products door-to-door unless accompanied by a Safe Side Adult!**

To request special fund-raising discounts, please contact The Safe Side by e-mail at info@thesafeside.com.

Thank you in advance for your help in keeping children “on The Safe Side!”



Child safety is more than a slogan

“Stranger-Danger” Warnings Not Effective at Keeping Kids Safer

By Nancy McBride, National Safety Director

National Center for Missing & Exploited Children www.missingkids.com

“Stranger danger” - the phrase is so pervasive in our culture that it has become part of the lexicon. Well-intentioned adults perpetuate this misguided message, and the media often uses it as a slogan. A recent case illustrates how literal children may be when given a specific message. The child in this case may have evaded his rescuers, because he had been taught “not to talk to strangers.”

This case and many others clearly illustrate how literal children may be when given a specific message. That’s why the National Center for Missing & Exploited Children (NCMEC) has never supported the “stranger-danger” message, especially because experience has shown us that most children are actually taken by someone they know or are familiar with. So what does “stranger danger” really mean, and do children benefit from an outdated and incomplete message? Here’s what we have learned about the “stranger-danger” concept

- ★ Children don’t get it.
- ★ Adults don’t practice it.
- ★ It doesn’t go far enough in protecting children from potential danger.

will help in bringing someone to their rescue.

When questioned, children will often describe a “stranger” as someone who is “ugly or mean.” They don’t perceive nice-looking or friendly people as “strangers.” And if someone talks to a child or is even around a child more than once, that person loses his or her “stranger” status. The child then thinks he or she “knows” the person. Children also want to be helpful, thrive on adult approval, and respond to adult authority. So, if someone with ill intent asks them to perform a task or tells them something has happened to a loved one, chances are good the child can be tricked.

The “stranger-danger” message becomes even more confusing for children since they can’t tell by looking at someone whether or not the person is “good” or “bad.” Wouldn’t it be great if we could point out the “bad” people to our children and be done with it? Whether it’s in a grocery store or at a baseball game, adults break the rule of “don’t talk to strangers” all the time. But adults have the benefit of experience, judgment, and decision-making skills; children do not. And sometimes adults are wrong. So, if we can’t identify “bad” people, we certainly can’t expect our children to.

Today, kids need to be empowered with positive messages and safety skills that will build their self esteem and self confidence while helping to keep them safer. Kids don’t need to be told the world is a scary place. They watch the news, hear adults talking, and may even experience violence firsthand. Rather, they need to know their parent, guardian, or another trusted adult is there for them if they are in trouble; and most adults they encounter in their lives are basically good people.

When we tell children to “never talk to strangers,” we have effectively eliminated a key source of help for them if they are in trouble. If they’re lost, they may be surrounded by many “strangers” who could conceivably help them if they would only ask. Since we know parents and guardians can’t be with their children every second of the day, we need to give children “safety nets” of people they can go to if they need help. Those individuals may include uniformed law-enforcement or security officers; a store salesperson with a nametag; the person in an information booth at a mall or other public venue; or a mother with children. In specific situations such as being lost outside, the safety messages need to be tailored to those circumstances.

- ★ A child should never wander away from where they first became lost. If they stay put, chances are better that they will be found more quickly.
- ★ If the child gets lost in conditions like a thunderstorm or near an overflowing riverbank, then the child needs to go to the nearest safe spot and wait for rescuers.
- ★ Children should make noise either by yelling, blowing a whistle, or just attracting attention. This will help in bringing someone to their rescue.

Parents and guardians can make child safety part of a child’s everyday life in a non-threatening way by practicing some of these skills. Whether it’s checking first with a trusted adult, taking a friend, or avoiding and getting out of dangerous situations, there are easy “what if” scenarios to practice with your children to make sure they “get it.” Make outings to a mall or park an opportunity to reinforce these skills. That way they won’t have to wonder what to do if lost or in danger. Do this on a regular basis to make sure it becomes second nature. At the same time reassure them you are there for them, and remind them there are other people who can help.

NCMEC believes the time is now for our society to retire the “stranger-danger” message; realize child safety is much more important than a slogan; and make sure we are arming our children with relevant, age-appropriate messages that will empower them. Remember, there is nothing on earth that beats our parental, guardian, and caregiver supervision and attention in helping to keep our children safer.

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Music extensions

The *Cool Tunes* music album reinforces the safety concepts presented in the *Stranger Safety DVD*. The chart below correlates Super Safety Week lessons and songs on the *Cool Tunes* music album. The album is available for download at the iTunes Store.

Lesson title	Lesson topic	Cool Tunes song
1. Safe Side Adults	Identifying trusted adults	<i>Always There</i> (Track 9; 3:54) <i>Safe Side Close</i> (Track 7; 3:30)
2. The Safe Side Circle	Personal space; safe place to play	<i>Safe Side Circle</i> (Track 1, 3:32)
3. Don't Knows and Kinda Knows	Identifying unknown teens and adults	<i>Don't Know, Don't Talk</i> (Track 4; 2:59) <i>I Don't Know You</i> (Track 3; 3:42) <i>Don't Go</i> (Track 6; 3:36)
4. Don't Fall for tricks!	Refusal skills	<i>Tricks</i> (Track 5; 2:58) <i>The Door</i> (Track 8; 3:13)
5. Staying on The Safe Side	Review	<i>Superhero</i> (Track 2; 3:04) <i>Ride of our Lives</i> (Track 10; 2:55)

The following pages feature a *Cool Tunes Songbook* that can be used for class sing-alongs.



cool tunes songbook



Track



Ready, Set, Internet!

Everybody make a Safe Side Circle
Make it wide make it wide then you slide to
the middle
Anybody comes in and they're not a friend
Run away run away then you do it again

It's a boundary that you can't see
It's a real imagination
It's a way to know who gets too close
It's a kind of observation

When you're in a place with faces you don't
know
You can make a space that's all your own
Yeah, Yeah

Chorus

Everybody make a Safe Side Circle
Make it wide make it wide then you slide to
the middle
Anybody comes in and they're not a friend
Run away run away then you do it again
Everybody make a Safe Side Circle
Make it wide make it wide then you slide to
the middle
Anybody comes in and they're not a friend
Run away run away then you do it again

Like a danger sign shouts "Keep Away!"
Or a siren says "There's trouble!"
If someone breaks your circle space
You break out on the double

And the way to make an A on the lesson
Is to run to the side of your Safe Side
person, Yeah

Repeat chorus

Circle, circle, Safe Side circle
Make it cherry red or crazy purple
Twenty feet wide with you inside
Keep those you don't know on the outside!
Come on now,

Repeat chorus

Written by Christopher Davis and Doug McKelvey
Arden Songs Ltd. (BMI) / CounterMechanical Music (BMI)

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Don't let anyone inside your Safe Side Circle. Run from danger!



cool tunes songbook



Track  2

Superhero

Everyday and every hour
I know how to use my power
Like a million watt cell tower
I know how to use my power

I got the power to protect myself
I got the power in my head
I got the right to expect your respect
Or to say goodbye instead

I got authority to tell you “no”
And the law is on my side
I got the people who serve and protect
Oh you bet I know my rights

Chorus

Oh I might not be a superhero
But I’m super all the same
I’m the star of my own story
MVP of my own game
So look out Superman
Cause I know how to use my brain
Oh I might not be a superhero
But I’m super all the same

Like a million watt cell tower
I know how to use my power

Well I’m reaching for the starry sky
But my feet are on the ground
I’m not afraid, but I’m not a fool
I’m not gonna stick around

I’ve got the confidence to be myself
In my house or on the street
But I’m smart enough to run away
If you’re giving me the creeps

Repeat chorus

Every day and every hour
I know how to use my power
Like a million watt cell tower
I know how to use my power
Like a red hot chili powder
I know how to use my power
Every day and every hour
I know how to use my power

Repeat chorus

Written by Christopher Davis, Doug McKelvey and Scott Dente
Arden Songs Ltd. (BMI) / CounterMechanical Music (BMI) /
Oh My Coco Publishing (BMI)

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Never go anywhere, with anyone, unless you ask your Safe Side Adult first.



cool tunes songbook



Track  3

I Don't Know You

I'm not gonna talk to ya, whisper to ya, walk
with ya
I'm not gonna take your hand
I'm not gonna stroll with ya, listen to ya, go
with ya
You should really understand

Cause I'm just a kid who plays by all the
rules
And I don't mean to be rude, but

Chorus

I don't know you
You don't know me
And I know better than to
Ever believe
Words that you say
No matter how sweet
When I don't know you
And you don't really know me

I'm not gonna side with ya, smile or take a
ride with ya
I'm not gonna be your friend
I'm not gonna dance with ya, laugh or take a
chance with ya
I don't mean to offend

Cause I've seen you around, and I know your
name
But it doesn't mean that you're safe, when

Repeat chorus

The people that I trust
Are my family
And friends I've known long enough
To have a rock solid history
But I don't know you well enough
To trust you with that kind of trust, (no)

Repeat chorus

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Never go anywhere, with anyone, unless you ask your Safe Side Adult first.



cool tunes songbook



Track  4

Don't Know, Don't Talk

Chorus

Don't know, don't talk
If you don't know 'em, then you gotta walk
Well you gotta, gotta, gotta keep your head
on straight
If you go along, it could be too late

Now it ain't rude, or impolite
To tell someone you don't know it's not
alright
To talk with you, but they just might
So just get away and you're on The Safe
Side

Repeat chorus

When you're with a friend or by yourself
And a Don't Know you don't know wants
some help
Just let your Hot Tips be your guide
And tell 'em you're walking on The Safe
Side

Repeat chorus

People come and people go
But there are only a few that you really know
They're tried and true, they're true and tried
And they're the ones who are on your Safe
Side

Repeat chorus

And you may know someone from
somewhere
A friend of a friend, or somebody who seems
to care
But only put your faith in the few
Who you know, who you love, who you know
you can trust to
Be there for you

Repeat chorus

Written by Christopher Davis
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Never talk to Don't Knows unless your Safe Side Adult is with you.



cool tunes songbook



Track



Tricks

I'm not gonna fall for all your tricks,
no, no, no
I'm gonna stop and think because I'm just
that kinda kid
Candy coat to coax and sway me, trick me
or manipulate me
I'm gonna leave you standing like a brick
'Cause I'm too smart for this

Chorus

I'm not gonna fall for all your tricks
The only game I play
Is called keep away
You could be the King or Queen of Slick
But I am so aware
I'll always be aware
Yes I am so aware ... aware of tricks

Sometimes tricky people try to get you by
yourself
But Grown-ups you don't know should
never ask a kid for help

I'm not gonna find your puppy, take your
bags or taste your cookies
I'm gonna tell my Safe Side what you tried
Cause I'm too smart for lies

Repeat chorus

You might be smooth
As a triple flip
But you're wasting your time
I don't fall for tricks
You might be cool
You might think you're hip
But you're wasting your time
I'm too smart for this

Repeat chorus

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STOP AND THINK! Don't fall for tricks.



cool tunes songbook



Track



Don't Go

Going to the mall
Or going to a ball game
When you're in a crowd, It gets kinda loud
It's a little insane

So before you leave
Or before you need to go
You need to always remember
To let your Safe Side know

Chorus

Don't go without asking
You gotta ask someone you trust
You gotta let somebody know
Don't go without asking
You gotta ask someone you trust
You gotta think before you go
Don't go

Walking to the store
Friends are at the door now
Did your Safe Side say... that it's okay?
Every time you go out

What if you need help?
Or if you might be late
If you ask them first, you'll avoid the worst
And stay on the side that's safe

Repeat chorus

Any time of the day or night
You gotta tell 'em where you are
Don't go out without asking them
'Cause you gotta be smart
Even if it might take
An extra minute or two
Ask for their permission
'Cause they care about you

Repeat chorus

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Never go anywhere, with anyone, unless you ask your Safe Side Adult first.



cool tunes songbook



Track



Safe Side Close

You know I got moves to hold my own on
the court
Take anyone down cause I play every sport
Choose the field, change the rules, stack
the teams, take the most
Remember I don't touch the ball
Without my Safe Side close
Without my Safe Side close

Wouldn't go to the park if it was after dark
And I wouldn't pet a dog just because it
doesn't bark
Wouldn't do it, wouldn't choose it,
wouldn't see it, wouldn't be it
'Cause no matter the cause, I'm gonna
press the pause
Unless my Safe Side's close

Chorus

Close enough for my Safe Side to see
Close enough to see anywhere I'll be
Close enough to make things all right,
Close defined: I'm in my Safe Side's sight
Let's step to the right
Little slide to the left
You can dip it to the east
Or drop it to the west
Make a turn and a spin
In a safe direction
One, two, three, four

Jump to the front
Right back in reverse
You know what to do
It's all been rehearsed
Keep your eye on the show, you know
where to go
Come on, come on and
Keep your Safe Side close

Now, don't tell me to walk alone down the
street
'Cause ya heard the word there's a sweet
place to meet
A man around the corner says the candy
is free,
Uh uhh, 'cause I ain't gonna be
Scooby's next mystery, that ain't me
Scooby Doo's next mystery

Listen, I'm gonna be hesitant, even if
you're president
Throw ya a vote, sure, but I must say no
If you ask me to go, anywhere, ya know
Without my Safe Side close
Without my Safe Side close

Repeat chorus

Written by Matt Huesmann

Matt Huesmann Music (ASCAP) administered by Bug Music

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Keep your Safe Side Adult close. If you can see them, they can see you.



cool tunes songbook



Track



The Door

Who's that?
Who could it be at the door?
A Don't Know
Or someone you know from next door

Maybe they want you to come out and play
Or help find their puppy that just ran away
Or say that they need you in a really bad
way

Whatever they say, you know The Safe Side
rule

Chorus

Don't open the door
Don't open the door
Just stay where you are
Tell the one that you trust
Don't open the door
Not even a peek
No matter what for
Don't open the door

What's that?
Suddenly you hear the sound
Think fast
'Cause no one but you is around

Remember that even if someone might say
They need you to open the door right away
Even if they say "Emergency"
Always remember The Safe Side rule!

Repeat chorus

Sometimes you'll see a familiar face
Someone who's been over a bunch to
your place
But if they are not on your Safe Side list
It's best to ignore, leave them waiting at
the door

Repeat chorus

Written by Matt Huesmann
Matt Huesmann Music (ASCAP) administered by Bug Music

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Never open the door without your Safe Side Adult.



cool tunes songbook



Track  9

Always There

You know who loves you
You know who plays it safe
You know who you trust in
Any time, any place

You know who knows you
You know who's got your back
You know who to call on
When you need them fast

Chorus

They're always there
Standing by
Always with you
On The Safe Side
They always care
And want what's right
Always beside you
On The Safe Side

So many faces
You hear people talk
Somebody might say "Can you help me?" or
"Let's take a walk"
But you know much better
You know what to do
You know who to run to
Let them take care of you

Repeat chorus

You know the people
Who will be there for you
Just ask for their help
And they'll know what to do

Repeat chorus

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Know your three Safe Side Adults.



cool tunes songbook



Track  10

Ride of Our Lives

It's about thinking ahead
It's about watching your back
I know you can change your world,
'cause you're
Keeping it all on track

It's about playing it smart
Opening both your eyes
I know you can make it happen
'Cause you're learning wrong from right

Chorus

Come and go with me
Let's take a ride
We'll go riding on The Safe Side
It's the future shining bright
Let's go riding on The Safe Side

It's about taking charge
It's about using your brain
Watching out for your friends, now
And keeping your head in the game

It's about playing it safe
It's about getting a plan
It's about having heroes
'Cause they help you to take a stand

Repeat chorus

Cause we can be anything
We dream that we can be
And there we can become
The things that we believe
They're the things that we believe

It's about thinking ahead
It's about watching your back
I know you can change your world,
'cause you're
Keeping it all on track

Come and go with me
Let's take a ride
We'll go riding on The Safe Side
It's the future shining bright
Take the wheel ...
Let's go on the ride of our lives!

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